

COPD & ASTHMA NETWORK OF ALBERTA

# **Resource Catalogue** Asthma & COPD Education

## Resource Catalogue Asthma & COPD Education

This Resource Catalogue is designed to link practitioners with existing expertise, particularly for asthma and COPD education. The mission of the COPD & Asthma Network of Alberta (CANA) is to unite healthcare professionals and partners for excellence in the prevention, promotion, and management of COPD and asthma in our province. Lead by an interdisciplinary Advisory, CANA's strength lies in the diversity and combined experience of our members. Established in 2003 as an evolution of the former Alberta Asthma Network, CANA's 250 members represent all of Alberta's Health Zones.

To find out more, to access other resources, or to become a member, please visit our website.

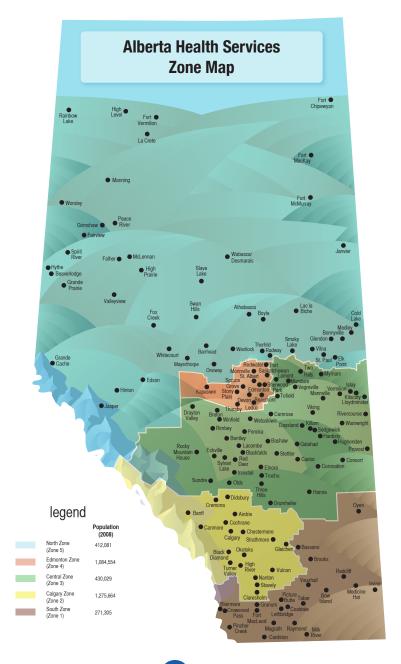
## **Contact Us:**

CANA c/o Rm 8334 11402 University Ave 3rd floor, Aberhart Centre l Edmonton, AB T6G 2J3 Phone: (888) 203-CANA Email: membership@canahome.org Web: www.canahome.org

## Acknowledgements:

CANA wishes to thank Alberta's health professionals for their contributions to the development of this catalogue.





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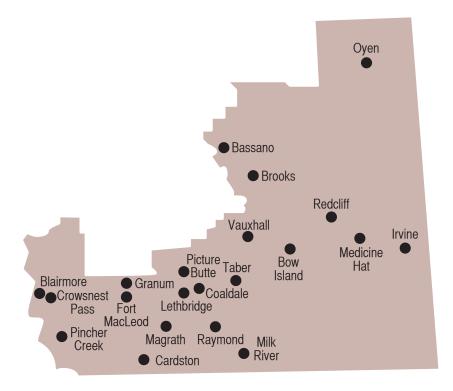
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Anaphylaxis Canada - www.anaphylaxis.org.	
Canadian Council for Tobacco Control – www.cctc.ca	
MedicAlert - www.medicalert.ca.	
Universal Medical ID – www.universalmedicalid.com	

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Equipment and	Pharmaceutical	Suppliers	

## 1 - South Zone



1

Some referrals can be done with central booking through Building Healthy Lifestyles (except Taber)

Phone:	(403) 388 - 6654
Toll Free:	(866) 506 - 6654
Fax:	(403) 317 - 0435

## **Brooks Health Centre Asthma Clinic** Bag 300 440 3rd Street East

Brooks, AB T1R 1B3

Phone:	(403) 501 - 3204
Fax:	(403) 501 - 3327
Referral:	Physician
Target:	All Ages
Referral:	Physician

Program Description: Provides patient centered multidisciplinary education sessions. On-going support is available to review devices, management, action plans, and goals. Regional Respiratory Therapy provides Student Health Initiatives Services to grade five students in the Grasslands School District.

## COPD

Spirometry is available at the Brooks Health Centre for the early detection of COPD for patients 45 years of age or older who smoke or who have quit in the past year. For details, call (403) 501-3204.

#### **Cardston Respiratory Services**

c/o 144 2st W, Cardston, AB TOK 0K0

Other	
Locations:	Magrath, Raymond
Phone:	(403) 653-4411 (ask for RRT)
Referrral:	Physician or healthcare professional
Target:	All ages with asthma or COPD

Program Description: A RRT who is also a CRE is available one day every second week for patient assessment and education for both asthma and COPD.

#### **Coaldale Respiratory Services**

c/o 960 19 Street Lethbridge, AB T1J 1W5

Phone:	(403) 315-3448 (ask for RRT)
Fax:	(403) 223-1703
Referrral:	Physician or healthcare professional
Target:	All ages with asthma or COPD

Program Description: A RRT who is also a CRE is available one day every second week for patient assessment and education for both asthma and COPD.

#### **Crowsnest Respiratory Services**

c/o 2001 107 Street Blairmore, AB T0K 0E0

Phone:	(403) 562-7378 (ask for RRT)
Referrral:	Physician or healthcare professional
Target:	All ages with asthma or COPD

Program Description: A RRT who is also a CRE is available one day every second week for patient assessment and education for both asthma and COPD.

## Fort MacLeod Respiratory Services

c/o Fort MacLeod Health Centre Fort MacLeod, AB T0L 0Z0

Phone:	(403) 553-5311 (ask for RRT)
Fax:	(403) 553-4567
Referrral:	Physician, healthcare professional or self
Target:	All ages with asthma or COPD

Program Description: A RRT who is also a CRE is available one day every second week for patient assessment and education for both asthma and COPD.



#### Lethbridge COPD & Asthma Program

960 19 Street Lethbridge, AB T1J 1W5

Phone: (403) 388 - 6180 Fax: (403) 388 - 6613 Referral: Self or Physician Target: All asthmatics

Program Description: A multidisciplinary approach to assessment and education of individuals with asthma of all ages. Pediatric and adult sessions may involve either group or one-on-one education. Programs are tailored to individual patient requirements.

#### Lethbridge Respiratory Rehabilitation

960 19 street Lethbridge, AB T1J 1W5

Phone:	(403) 388 - 6036
Fax:	(403) 388 - 6039
Referral:	Physician

Program Description: A 12-week exercise program that incorporates 2 onehour exercise sessions twice per week, plus education.

## Medicine Hat Regional Hospital

Asthma/COPD Education Program 666 - 5th Street SW Medicine Hat, AB T1A 4H6

Phone:	(403) 529 - 8855
Fax:	(403) 529 - 8905
Referral:	Physician or self
Target:	All ages with asthma or COPD

**Program Description:** Provides patient-centered education sessions for both asthma and COPD patients. On-going support is available to review devices, disease management, action plans, and goals. South Zone Respiratory Therapy services provides Student Health Initiative services to grade five students in the Medicine Hat Public, Catholic, Private, and Charter School Districts as well as the Prairie Rose School District. Services can be made available in Bassano, Bow Island, Oyen.

#### COPD

Spirometry is available at the Medicine Hat Regional Hospital for the early detection of COPD for patients 45 years of age or older who smoke or who have quit in the past year. Living Healthy Program provides pulmonary rehab. For details, call (403) 529-8855.



#### **Milk River Respiratory Services**

c/o 517 Centre Ave. Milk River, AB T0K 1M0

Phone:	(403) 315-3448
Fax:	(403)223-1703
Referrral:	Physician, healthcare professional or self
Target:	All ages with asthma or COPD

Program Description: A RRT who is also a CRE is available one day every second week for patient assessment and education for both asthma and COPD.

#### **Picture Butte Respiratory Services**

Box 652 Picture Butte, AB T0K 1V0

Phone:	(403) 732 - 4762
Fax:	(403) 732 - 5062
Referral:	Physician
Target:	All patients with COPD and asthma

Program Description: A RRT who is also a CRE is available one day every second week for patient assessment and education for both asthma and COPD.

See Page 5 for Respiratory Rehabilitation.

#### **Pincher Creek Respiratory Services**

1222 Bev McLachlin Drive Pincher Creek, AB T0K 1W0

Phone:	(403) 627 - 1234
Fax:	(403) 627 - 5275
Referral:	Self or Physician or HCP
Target:	Anyone with chronic lung disease

**Program Description:** Individualized patient education (including asthma, COPD tobacco cessation) is provided by a RRT who is also a CRE on Tuesdays, Wednesdays and Thursdays.

See Page 5 for Respiratory Rehabilitation.

**Taber Respiratory Program Associate Medical Clinic** 5016 48 Avenue Taber, AB T1G 1R8

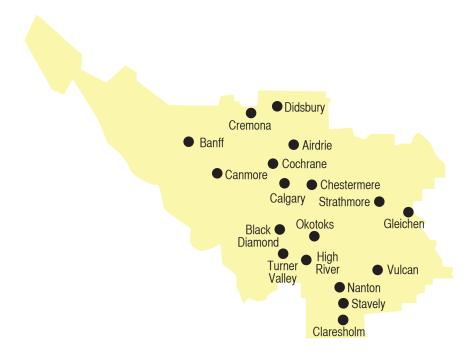
(NOTE:	Taber is not on central booking)
Phone:	(403) 223 - 3525
Fax:	(403) 223 - 1703
Referral:	Physician or Self or Healthcare Professional
Target:	All ages with asthma or COPD

**Program Description:** A primary care multidisciplinary team approach to the assessment and education of all individuals with asthma. The program assists family physicians to confirm patient diagnosis by providing spirometry testing. Education is provided on an individual basis with a one- month follow-up visit. An individualized action plan is developed for all patients.

See Page 5 for Respiratory Rehabilitation.



## 2 - Calgary Zone





#### Alberta's Children's Hospital Asthma Clinic

3rd Flr, 2888 Shaganappi Trail N.W. Calgary, AB T3B 6A8

Phone:	(403) 955-7324
Fax:	(403) 955-7527
Referral:	Physician
Target:	Pediatrics (0-18 years)

**Program Description:** Services include: assessment by pediatric respirologist and/or pediatrician with special interest in asthma; nurse educators; allergy skin testing; pulmonary function tests specialized for children; assessment psychologist and social worker (as necessary); respiratory therapist asthma educators; educational services including library and full/self management programs.

#### **Community Pediatric Asthma Service (CPAS)**

31 Sunpark Plaza, S.E. Calgary, AB T2X 3W5

Phone:	(403) 943 - 9139
Fax:	(403) 943 - 9474
Referral:	Physician
Target:	Pediatrics (0-18 years)

**Program Description:** Certified Asthma Educators (CAE) partner with physicians' offices (family & pediatricians), providing onsite asthma education and spirometry to patients and families. There are also a limited number of referrals for asthma education from the Emergency Department at Alberta Children's Hospital only. CPAS' CAEs can additionally provide regular asthma education updates to healthcare professionals and community members upon request. CPAS launched and maintains www.calgaryhealthregion. ca/ican (children and families) and www.ucalgary.ca/icancontrolasthma

**Cough Clinic** c/o Calgary COPD & Asthma Program 3330 Hospital Drive NW Calgary, AB T2N 4N1

Phone:	(403) 944 - 2878
Fax:	(403) 283 - 6151
Referral:	Physician
Target:	Patients with cough persisting longer than 8 weeks

**Program Description:** CREs partner with a respirologist in Dx, investigation, Tx, & education of patients with chronic cough. Patients referred must have normal chest x-ray and have no systemic symptoms.

## Foothills Medical Centre, HMRB Calgary COPD and Asthma Program

3330 Hospital Drive N.W. Calgary, AB T2N 4N1

Phone:	(403) 944 - 8742
Fax:	(403) 283 - 3406
Referral:	Physician (To see specialist)
	Anyone can refer for education
Target:	Adults with asthma or COPD

**Program Description:** Meeting with an asthma educator to discuss - process of disease, role of medication, inhaler technique, environmental triggers, monitoring strategies, written action plans; spirometry testing and review; referral to a respirologist (if referred by a physician) for diagnosis, assessment and intervention. Letter sent to family physician with the above information, along with suggestions for long-term management and a copy of the action plan. www.ucalgary.ca/asthma

#### **Living Well Program**

300, 5902 Macleod Trail SE Calgary, AB T2H 0K2

Phone:	(403) 943 - 2584 (9HEALTH)
Fax:	(403) 955 - 6868
Referral:	Healthcare professional, physician, or self
Target:	People with chronic diseases over 18 yrs

**Program Description:** There are 3 parts to this program - supervised exercise classes, disease-specific education classes, and a self-management workshop. Available at multiple community sites, it follows a multidisciplinary approach to both education and exercise. The program is 7-8 weeks in length; patients are encouraged to attend 3 times per week for the exercise component. NOTE: Living Well offers limited service for asthma. For asthma education, please refer to the Calgary COPD & Asthma Program. Living Well's exercise services are open to people with asthma. There are modest fees for some parts of the program.

Peter Lougheed Centre Calgary COPD and Asthma Program 3500 26 Ave, NE Calgary, AB T1J 6J4

Phone:(403) 944 - 8742Referral:PhysicianTarget:Adults with COPD or asthma

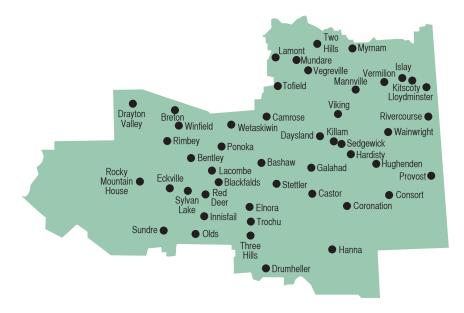
**Program Description:** The patient meets with an asthma educator and is then referred to a respirologist for diagnosis, assessment and intervention.

Rockyview General Hospital, Outpatient Clinic Calgary COPD and Asthma Program 7007 14 Street, SW Calgary, AB T2V 1P9

Phone:(403) 944 - 8742Referral:PhysicianTarget:Adults with COPD or asthma

**Program Description:** Consists of a meeting with an asthma educator to discuss - process of disease, role of medication, inhaler technique, environmental triggers, monitoring strategies, written action plan; spirometry testing and review; referral to a respirologist for diagnosis, assessment and intervention. Letter sent to family physician with the above information, along with suggestions for long term management and a copy of the action plan.

#### 3 - Central Zone



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## Asthma Education Program Respiratory Health Services

Drayton Valley Hospital and Care Centre 4550 Madsen Ave Drayton Valley, AB T7A 1N8

Locations:	Drayton Valley, Breton, Winfield
Phone:	(780) 621 - 4866
Fax:	(780) 621 - 4966
Referral:	Self, Health Professional
Target:	Persons diagnosed with asthma

**Program Description:** Asthma education in small groups and/or on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is set aside in each session for individual patient questions.

## **Respiratory Rehabilitation**

Asthma Education Program Respiratory Health Services Drumheller Health Centre 351 - 9 St. N.W.

Drumheller, AB TOJ OY1

Locations:	Drumheller, Elnora, Hanna, Linden, Three Hills, Trochu
Phone:	(403) 820 - 7264
Fax:	(403) 823 - 5076
Referral:	Self, Health Professional
Target:	Persons diagnosed with asthma

**Program Description:** Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of each session for individual patient questions.

#### **Respiratory Rehabilitation Program**

Asthma Education Program DTHR Respiratory Health Services Olds Hospital and Care Centre 3901 - 57 Ave

Olds, AB T4H 1T4

Locations:	Olds, Sundre
Phone:	(403) 559 - 2286
Fax:	(403) 556 - 2199
Referral:	Self, Health Professional
Target:	Persons diagnosed with asthma

Program Description: Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of the session for individual patient questions.

#### **Respiratory Rehabilitation**

Asthma Education Program Respiratory Health Services Ponoka Hospital and Care Centre 5800 - 57 Ave. Ponoka, AB T4J 1P1

Locations:	Lacombe, Ponoka
Phone:	(403) 783 - 3341 ext. 2260
Fax:	(403) 704 - 8860
Referral:	Self, Health Professional
Target:	Persons diagnosed with asthma

**Program Description:** Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of the session for individual questions.

#### **Respiratory Rehabilitation**

## Asthma Education Program Red Deer Regional Hospital Centre

Bag 5030, 3942 - 50A Ave. Red Deer, AB T4N 6R2

Locations:	Innisfail, Red Deer
Phone:	(403) 348 - 8808
Fax:	(403) 348 - 8824
Referral:	Self, Health Professional
Target:	Persons diagnosed with asthma

**Program Description:** Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of the session for individual questions.

## **Respiratory Rehabilitation**

Asthma Education Program Respiratory Health Services Rocky Mountain Health Centre 5016 - 52nd Ave. Rocky Mountain House, AB T4T 1T2

Locations:Bently, Eckville, Rimbey, Rocky Mountain House, SylvanLakePhone:(403) 845 - 8530Fax:(403) 845 - 7030Referral:Self, Health ProfessionalTarget:Persons diagnosed with asthma

**Program Description:** Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of the session for individual questions.

#### **Respiratory Rehabilitation Program**



Asthma Education Program Respiratory Health Services Stettler Community Health Centre Box 550, 5911 - 50 Ave. Stettler, AB TOC 2L0

Locations:	Stettler, Consort, Coronation, Castor
Phone:	(403) 740-8150
Fax:	(403) 742-1353
Referral:	Self, Health Professional
Target:	Persons diagnosed with asthma

**Program Description:** Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of the session for individual questions.

#### **Respiratory Rehabilitation**

Asthma Education Program Respiratory Health Services Wetaskiwin Hospital and Care Centre 6910 - 47 St. Wetaskiwin, AB T9A 3N3

Locations:	Wetaskiwin, Hobbema
Phone:	(780) 361- 4146
Fax:	(780) 361 - 4061
Referral:	Physician, self
Target:	Persons diagnosed with asthma

**Program Description:** Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of each session for individual questions.

#### **Respiratory Rehabilitation**



#### **Community Respiratory Services - multiple locations see below**

Camrose - Adults 1B, 6601 48 Ave T4V 3G8 Phone: (780) 678 - 3400 Fax: (780) 672 - 1322 Camrose – Pediatrics 5015 50 Ave T4V 3P7 Phone: (780) 608 - 8611 Fax : (780) 608 - 8648 Killam 5203 49 Ave T0B 2L0 Phone: (780) 384 - 3652 Fax: (780) 374 - 2111 Lamont 5216 53 St T0B 2R0

Phone: (780) 895 - 5817 Fax: (780) 895 - 2200

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Vegreville (Lakeland Respiratory Consulting Services) 5241 43 Street T9C 1R Phone: (780) 632 - 7611 (780) 632 - 7612 Fax: Vermillion #11, 4701 52 Street T9K 1J9 Phone: (780) 853 - 5270 Fax: (780) 853 - 7362 Wainwright 530 6 Ave T9W 1R6 Phone: (780) 806 - 2039 Fax. (780) 842 - 2887 Referral: Physician, healthcare professional or self

Target: Persons diagnosed with COPD

**Program Description:** Providing COPD and Asthma respiratory services to both adult and pediatric populations. Includes but not limited to; Spirometry, lung health education, respiratory medication education and evaluation, pulmonary rehabilitation assessments and any other related respiratory related servicing within a multidisciplinary team approach as per Canadian Thoracic Society Guidelines.

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#### Pediatric Asthma and Anaphylaxis Clinic

5015 - 50 Ave Camrose, AB T4V 3P7

Phone:(780) 608-8647Fax:(780) 608-8648Referral:Physician, healthcare professional or selfTarget:Children <18 yrs suspected of having asthma, allergies or</td>anaphylaxis

**Program Description:** Providing asthma and anaphylaxis education to clients, families and schools. Also providing assessments, evaluation, action plans, medication review, symptom diaries, and spirometry within the clinic setting. Focused on play-based self management skills for younger children.

#### **Pulmonary Rehabilitation Program**

c/o 1B, 6601 48 Ave Camrose, AB T4V 3G8

Phone:	(780) 678-3400
Fax:	(780) 672-1322
Referral:	Physician, healthcare professional or self
Target:	Persons diagnosed with COPD

**Program Description:** An eight-week (2 sessions/week), multidisciplinary approach to COPD management focusing on long-term outcomes. All appointments are allotted 2 hours, one hour for pulmonary exercises with a RRT and one hour telehealth education session. Topics vary and are delivered by guest speakers: RRT, PT, OT, dietician, pharmacist, and social worker.

**Pulmonary Rehabilitation Program** c/o 5203 49 Ave Killam, AB TOB 2L0

Phone:	(780) 384-3652
Fax:	(780) 374-2111
Referral:	Physician, healthcare professional or self
Target:	Persons diagnosed with COPD

**Program Description:** An eight-week (2 sessions/week), multidisciplinary approach to COPD management focusing on long-term outcomes. All appointments are allotted 2 hours, one hour for pulmonary exercises with a RRT and one hour telehealth education session. Topics vary and are delivered by guest speakers: RRT, PT, OT, dietician, pharmacist, and social worker.

#### Respiratory Rehabilitation Program Red Deer Regional Hospital Centre

Bag 5030, 3942 - 50A Ave. Red Deer, AB T4N 6R2

Phone:	(403) 343 - 4847 or 309 -2822
Fax:	(403) 309 - 2896
Referral:	Physician
Target:	Persons diagnosed with chronic lung disease

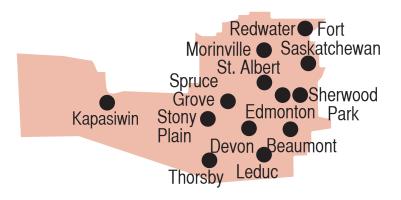
**Program Description:** Total of ten weeks. The first six weeks of the program are at the hospital. The remaining four weeks of the program is a community transition program completed in the community. This program covers many topics relating to lung disease in the education portion. The exercise portion is designed to improve the patient's strength.

#### **COPD** Telehealth Education Program

Referral:	Self, Health Professional
Target:	Individuals living with chronic lung disease, and their
	families

**Program Description:** The Red Deer Regional Hospital Centre hosts a monthly drop-in interactive COPD Telehealth Session for COPD patients and families, broadcast to telehealth rooms in the: Drayton Valley Hospital and Care Centre, Drumheller Health Centre, Innisfail Health Centre, Lacombe Hospital and Care Centre, Olds Hospital and Care Centre, Ponoka Hospital and Care Centre, Rimbey Hospital and Care Centre, Rocky Mountain House Health Centre, Stettler Hospital and Care Centre, Sundre Hospital and Care Centre. Stettler Hospital and Care Centre, Sundre Hospital and Care Centre. Sessions take place the last Tuesday of the month at 1:00 pm, and are open to anyone (including graduates of rehab programs). Some sites have used these monthly sessions as a way to connect patients with each other in a supportive way. A variety of informational topics will be offered throughout the year. Simply drop-in, stopping at admitting desk to register upon arrival.

## 4 - Edmonton Zone





#### Caritas Centre for Lung Health Breathe Easy Rehabilitation Program

11111 Jasper Ave Edmonton, AB T5K 0L4

Phone:	(780) 342-8951
Fax:	(780) 342-8980
Referral:	Physician
Target:	Persons diagnosed with chronic lung disease

**Program Description:** Consists of 16 - 18, 3-hour classes over 6-8 weeks. This program encompasses both education and exercise to help improve the patient's overall health. Patients are assessed before and after the program and are encouraged to continue with the program on a drop-in basis after they graduate.

## Caritas Centre for Lung Health Telehealth Respiratory Rehabilitation Program 11111 Jasper Ave Edmonton, AB T5K 0L4

Phone:	(780) 342-8951
Fax:	(780) 342-8980
Referral:	Physician
Target:	Persons diagnosed with chronic lung disease

**Program Description:** Assessment by a Pulmonologist via Telehealth technology. An 8 week supervised exercise program is developed according to individual abilities and needs. Education sessions are broadcast via Telehealth including breathing techniques, breathing exercises, recovery positions, medications, relaxation techniques, nutrition. A continued exercise program is personalized for patients to follow upon program completion.

Community Respiratory Services Asthma Education Program

Plaza 124 300 - 10216 124 St. Edmonton, AB T5N 4A3

Phone:(780) 992-5801Target:AdultsReferral:Self-referralFee:Nominal fee

**Program Description:** Adults meet to discuss asthma, treatment, and trigger avoidance. This class is suitable for both adults with asthma and adults whose children have asthma.

**Community Respiratory Services Pediatric Asthma Education Program Roaring Adventures of Puff (RAP)** Plaza 124 300 - 10216 124 St. Edmonton, AB T5N 4A3

Phone:(780) 992-5801Target:School-age children with asthma

**Program Description:** A school-based program delivered by a health team - available throughout the region. There is no student or school charge. 6 x one-hour sessions focus on communicating a description of asthma, trigger avoidance, device use, treatment, and self-management.

## **Community Respiratory Services Asthma Program** 9430 95 Street

Fort Saskatchewan, AB T8L 1R8

Other	
Locations:	Bon Accord, Gibbons, Redwater, Devon (weeklyclinics;
	call admitting office at each site for an appointment)
Phone:	(780) 992 - 5811/5823
Fax:	(780) 992 - 0195
Referral:	Physician, self
Target:	Any person requiring information on asthma

**Program Description:** One - on - one assessment and counseling with a registered Respiratory Therapist. Spirometry, oximetry and arterial blood gas testing also available. This facility also offers Butting Out (a smoking cessation program).

## **Community Respiratory Services LEEP Program** 9430 95 Street

Fort Saskatchewan, AB T8L 1R8

Phone:	(780) 992 - 5811/5823
Fax:	(780) 992 - 0195
Referral:	Physician, self
Target:	Any person with COPD

**Program Description:** This program consists of 3 x 2.5 hour sessions each week for 7 weeks. One hour of every session is spent in an education session with various health care professionals including PT, OT, dietician, social worker, etc. The balance of each appointment is spent exercising. This site also offers a smoking cessation program.

## Community Respiratory Services Asthma Clinic

104, 4709 - 44 Ave Stony Plain Provincial Building Stony Plain, AB T7Z 1N4

Phone:	(780) 968 - 3742
Fax:	(780) 963 - 7192
Referral:	Anyone can refer
Target:	All ages

**Program Description:** Individual client asthma education (multiple sessions available if required) with a certified asthma educator. Topics include a description of asthma, common triggers, signs and symptoms, environmental control, food allergies, relaxation/deep breathing techniques, medication use, inhaler techniques, and peak flow monitoring.

Community Respiratory Services COPD Program

104, 4709 - 44 Ave Stony Plain Provincial Building Stony Plain, AB T7Z 1N4

Phone:	(780) 968 - 3742
Fax:	(780) 963 - 7192
Referral:	Anyone can refer
Target:	Patients with COPD

**Program Description:** An 8-week program (two classes per week) that encompasses both exercise and education facilitated by a Registered Respiratory Therapist. A multidisciplinary team of RRT, PT, OT and RN deliver the education components. COPD patients gain improved coping strategies that assist with their activities of daily living.

#### Grey Nuns Hospital - Child Health Clinic Pediatric Asthma Clinic

1100 Youville Dr. Edmonton, AB T6L 5X8

Phone:	(780) 735 - 7346
Fax:	(780) 735 - 7444
Referral:	Physician
Target:	Children (0-16) and their families

**Program Description:** Individual information sessions are comprehensive including triggers, signs and symptoms, device technique, etc. The patient is seen by a pediatrician and an RN Certified Asthma Educator. Group sessions are offered as required.

### Grey Nuns Hospital

**Pulmonary Function Lab and Adult Asthma Clinic** 1100 Youville Dr. Edmonton, Alberta T6L 5X8

Phone:	(780) 735 - 7178
Fax:	(780) 735 - 7343
Referral:	Physician
Target:	Primarily adults, but not exclusive

**Program Description:** Consists of individual information sessions, personalized to meet the patient needs. Follow-up, diagnostic and routine lung function, bronchoprovocation studies and exercise challenge services are offered as required.

### COPD

See Rehabilitation on pages 29, 32 and 40.

## Misericordia Hospital Child Health Asthma Clinic

3 West, 16940 87 Ave Edmonton, AB T5R 4H5

Phone:	(780) 735-2731
Fax:	(780) 735-2794
Referral:	Physician
Target:	Pediatric patients, ages 0-16, and their caregivers

**Program Description:** A pediatrician and RRT/RN Certified Asthma Educators (CAE) assess the patient with referrals to other professionals as applicable. Sessions include pulmonary function testing, asthma education, and development of an action plan. A progress report is sent to the patient's family doctor with a copy of the action plan.



Misericordia Hospital Adult Asthma Clinic

3 West, 16940 87 Ave Edmonton, AB T5R 4H5

Phone:	(780) 735-2979
Fax:	(780) 735-2522
Referral:	Anyone can refer
Target:	Adults with asthma

**Program Description:** Clients receive pulmonary function testing, respiratory assessment, and individual education focused on the pathophysiology of asthma, triggers, medications, device use, and environmental control. Self-management principles are reinforced - targeting peak flow monitoring, symptom tracking, and development of an action plan. All information is communicated back to the family physician for continuing follow-up of asthma care.

## COPD

See Rehabilitation on pages 29, 32 and 40.

Northeast Community Health Centre Children's Asthma Clinic

14007 50 Street Edmonton, Alberta T5A 5E4

Phone:	(780) 342 - 4178
Fax:	(780) 342 - 4189
Referral:	Anyone can refer for asthma education
Target:	Pediatric asthma (0-16yrs.) and family support

**Program Description:** Individual counseling, education and action plan development. Developed patient plan is communicated to the attending family physician. Referrals to a physician specialist are made as required.

Pediatric Allergy, Asthma and Immunology Division of Clinical Immunology and Allergy Department of Pediatrics 903 College Plaza 8215 112 Street Edmonton, AB T6G 2C8

Phone:	(780) 413 - 6689
Fax:	(780) 413 - 7254
Referral:	Physician
Target:	People 17 years and younger
Cost:	Up to \$30.00 (for testing supplies)

**Program Description:** An allergy, asthma, and immunology clinic. Offers assessment by sub-specialist pediatrician for diagnosis, as well as environmental and allergic assessment. A Certified Asthma Educator is available for medication review and teaching. In-clinic allergy testing and pulmonary function testing, when appropriate.



## Royal Alexandra Hospital Pediatric Asthma Clinic

10240 Kingsway Ave Edmonton, AB T5H 3V9

Phone:	(780) 735 - 4605
Fax:	(780) 735 - 4071
Referral:	Anyone can refer
Target:	Children (0-17) and their families

**Program Description:** Children referred receive asthma education. Patientcentered techniques are utilized for school aged children, with the focus shifting to the parents/guardian of the younger child. Referrals to the Stollery Asthma Clinic are initiated as needed.

## Royal Alexandra Hospital COPD Self Initiative

10240 Kingsway Ave Edmonton, AB T5H 3V9

Phone:	(780) 735 - 4175
Fax:	(780) 735 - 4640
Referral:	Physician
Target:	Adults with COPD

**Program Description:** An interdisciplinary team helps COPD patients overcome barriers to accessing COPD resources in the community, assists patients to achieve disease self-sufficiency through education; and facilitates the transition from hospital discharge.

### COPD

See Rehabilitation on pages 29, 32 and 40.

# Stollery Children's Hospital

Pediatric Asthma Clinic 1D1.32 WMC, 8440-112 St. Edmonton, AB T6G 2B7

Phone:	(780) 407-3943
Fax:	(780) 407-6414
Referral:	Physician
Target:	Children and their caregivers

**Program Description:** The Stollery Pediatric Asthma Clinic provides consultative services related to the management of children with asthma. A multidisciplinary approach for both outpatient and inpatient services, including medical diagnosis, treatment, patient education, allergy testing and respiratory function evaluation. Other investigations are initiated on an individual patient basis. The clinic also promotes health care professional education, mentoring, and research related to pediatric asthma.



## University of Alberta Hospital Asthma Clinic

Correspondence to: 2E4.31 WMC, 8440-112 St. Edmonton, AB T6G 2B7

Phone:	(780) 407 - 7225
Fax:	(780) 407 - 6384
Referral:	Physician
Target:	Adults and transition clinic for adolescents (>16)

**Program Description:** This clinic provides consultative services related to management and diagnosis of adults with asthma. It also offers 5 clinics/ year for adolescents transitioning into the adult clinic. Outpatient and inpatient services use a multidisciplinary team for medical diagnosis, treatment, patient education, allergy testing and respiratory function evaluation. Other investigations are as required.

## University of Alberta Hospital Virtual Asthma Clinic

Correspondence to: 2E4.38 WMC, 8440-112 St. Edmonton, AB T6G 2B7

1 - 877 - 590 - 8999
(780) 407 - 3027
Physician
co1@ualberta.ca

## COPD

See Rehabilitation on pages 29, 32 and 40.

## University of Alberta Hospital Respiratory Outreach Program

c/o Rm 3Y22, 11111 Jasper Ave Edmonton, AB T5K 0L4

Phone:	(780) 342 - 8069
Fax:	(780) 342 - 8148
Referral:	Physician
Target:	COPD patients with recurrent exacerbations

**Program Description:** A multidisciplinary team follows ventilated patients living in the home (anywhere in Alberta), as well as COPD patients in Edmonton, St. Albert and Sherwood Park. These COPD patients require education to prevent recurrent exacerbations. Please contact the program for more criteria and the referral form.

## 5 - North Zone



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#### **Athabasca Respiratory Services**

3100-48 Ave Athabasca, AB T9S 1M9

Locations:Athabasca , Slave LakePhone:(780) 675 - 2235 (x251)Fax:(780) 675 - 7050Referral:Physician, healthcare professional, selfTarget:All ages

**Program Description:** Individual asthma education with a RRT. Pediatric education program consists of 4 meetings with a multidisciplinary team in a variety of forums.

Respiratory Rehabilitation available, phone (780) 675-6000 and also see page 43 for further details.

#### Barrhead Respiratory Services Asthma Education Program

6209 49 Street, Box 4131 Barrhead, AB T7N-1A1

Phone:	(780) 674 - 2346 (x131)
Fax:	(780) 674 - 6317
Referral:	Physician, healthcare professional, self
Target:	All ages

**Programs Description:** Alberta Asthma Centre's Asthma and Allergy preschool education program (target audience - care providers). Individual asthma education with a RRT. Pediatric education program that consists of 4 meetings with a multidisciplinary team, in a variety of forums.



#### **Barrhead Respiratory Rehabilitation Program**

Phone:	(780) 674 – 2346 (x131)
Fax:	(780) 674 - 6317

**Program Description:** Multi-week program that includes 2-hour sessions, focusing on both education and exercise. A variety of locations are available throughout the zone and some services are made available via Telehealth from Edmonton. Phone your nearest Health Services office for details.

#### **Bonnyville Respiratory Services**

5001 Lakeshore Drive Box 1008 Bonnyville, AB T9N 2J7

Locations:	Bonnyville and St. Paul
Phone:	(780) 826 - 3311 or (780) 645 - 3331(ask for the RRT)
Fax:	(780) 815 – 4226 or (780) 645 - 1702
Referral:	Physician, healthcare professional, self
Target:	All ages

Program Description: Adult and Pediatric asthma clinics available.

Respiratory Rehabilitation available, phone (780) 826-3311 and also see above for further details.

## **Cold Lake Respiratory Services**

314-25 Street Cold Lake, AB T9M1G6

Phone:	(780) 639 - 3322 (ask for the RRT)
Fax:	(780) 639 - 2255
Referral:	Physician, healthcare professional, self
Target:	All ages

Program Description: Adult and Pediatric asthma clinics available.

Respiratory Rehabilitation available, phone (780) 639-3322 and also see page 43 for further details.

## **Hinton Respiratory Services**

136 Emerson Drive Hinton, AB T7V 1M3

Locations:	Jasper, Hinton, and Edson areas
Phone:	(780) 817 - 5030 (ask for the RRT)
Fax:	(780) 865 - 1099
Referral:	Physician, healthcare professional, self
Target:	School children age 7-12 (RAP), and all ages

**Program Description:** Roaring Adventures of Puff (RAP) & Asthma Counseling. Adult and Pediatric asthma clinics available.

Respiratory Rehabilitation available, phone (780) 817-5030 and also see page 43 for further details.

### Lac La Biche Respiratory Services

Phone:	(780) 623 - 5921
Fax:	(780) 623 - 5904
Referral:	Physician or healthcare professional
Target:	All ages

**Program Description:** Individual asthma education with a RRT. Pediatric education program that consists of 4 meetings with a multidisciplinary team in a variety of forums.

## **Onoway Respiratory Services**

4919 Lac Ste. Anne Trail, Box 990 Onoway, AB, TOE 1V0

Locations:	Onoway, Smoky Lake, and Westlock
Phone:	(780) 349 - 6079 (ask for the RRT)
Fax:	(780) 349 - 7055
Referral:	Physician, healthcare professional, self
Target:	All ages

**Program Description:** Individual asthma education with a RRT. Pediatric education program that consists of 4 meetings with a multidisciplinary team in a variety of forums.

Respiratory Rehabilitation available, phone (780) 349-6079 (x221) and also see page 43 for further details.

# Peace River Community Health Complex Asthma Program

10101 68 Street Peace River, AB T8S 1T6

 Phone:
 (780) 618 - 3440

 Fax:
 (780) 624 - 7255

 Referral:
 Physician

 Target:
 All ages

**Program Description:** Respiratory assessment and individual asthma education.

## Queen Elizabeth II Hospital

**Pediatric Asthma Program** 10409 98 Street

Grande Prairie, AB T8V 2E8

Other Loca	tions: Available according to need
Phone:	(780) 832 - 4901
Fax:	(780) 832 - 4906
Referral:	Physician or healthcare professional
Target:	Up to 15 yrs old

**Program Description:** Individual education that provides respiratory assessment and asthma education. Review by a pediatrician is available only at the Grande Prarie location. Spirometry is also available when referred by a physician.

## Queen Elizabeth II Hospital Adult Asthma Program

10409 98 Street Grande Prairie, AB T8V 2E8

Other Locations:Available according to needPhone:(780) 832 - 4901Fax:(780) 832 - 4906Referral:Physician, healthcare professional, or selfTarget:16 yrs and older

**Program Description:** Individual education that provides respiratory assessment and asthma education. Spirometry is also available when referred by a physician.

**Queen Elizabeth II Hospital COPD Clinic** 10409 98 Street Grande Prairie, AB T8V 2E8

Other Loca	tions: Available according to need
Phone:	(780) 832 - 4901
Fax:	(780) 832 - 4906
Referral:	Physician, healthcare professional, or self
Target:	Anyone with probable diagnosis of COPD

Program Description: Individual education.

**Respiratory Health Program** Asthma Education

7 Hospital Street Fort McMurray, AB T9H 1P2

Phone:	(780) 791 - 6205
Fax:	(780) 788 - 1555
Referral:	Physician, Healthcare professional, self
Target:	Individuals with asthma

**Program Description:** Education is available to individuals, families, schools, and community organizations on a variety of topics, which include allergies, asthma, anaphylaxis, and the management of these and other respiratory diseases.

## **Respiratory Health Program Respiratory Rehabilitation**

7 Hospital Street Fort McMurray, AB T9H 1P2

Phone:	(780) 791 - 6205
Fax:	(780) 788 - 1555
Referral:	Physician
Target:	Adults with Respiratory conditions

**Program Description:** A respiratory rehabilitation program that has meetings twice a week, from September to May, for exercise and education. This program encourages patient education, to improve total quality of life.

## **Telehealth Rural Respiratory Rehabilitation Program**

c/o 10409 98 Street Grande Prarie, AB T2V 2E8

Other	
Locations:	Peace River
Phone:	(780) 832 - 4901
Fax:	(780) 832 - 4906
Referral:	Physician
Target:	Persons diagnosed with chronic lung disease

**Program Description:** Assessment by a Pulmonologist via Telehealth technology. An 8 week supervised exercise program is developed according to individual abilities and needs. Education sessions are broadcast via Telehealth including breathing techniques, breathing exercises, recovery positions, medications, relaxation techniques, nutrition. A continued exercise program is personalized for patients to follow upon program completion.

## Whitecourt Respiratory Services

Locations:	Mayerthorpe and Whitecourt
Phone:	(780) 778 - 5540 (ask for the RRT)
Fax:	(780) 778 - 3852
Target:	All ages
Referral:	Physician, healthcare professional, self

**Program Description:** Individual asthma education with a RRT. Pediatric education program that consists of 4 meetings with a multidisciplinary team, in a variety of forums.

## **Respiratory Rehabilitation Program**

 Phone:
 (780) 778 - 5540 (ask for the RRT)

 Fax:
 (780) 778 - 3852

 Target:
 Patients with COPD

**Program Description:** A variety of locations available throughout the North Zone: please telephone for more information or to arrange a class location and date. See pages 43 & 49 for further details.



## **Provincial Toll-Free Help Lines**

The Smokers' Help Line

Tel:	1 - 866 - 33AADAC (1 - 866 - 332 - 2322)
Web:	www.tobacco.aadac.com/smokers_help_line

AADAC's Smokers' Help Line is a free, confidential telephone service for smokers. Calls are answered by a trained counsellor who can help develop an individual quit plan, offer information, or refer to services available in the local community. The Smokers' Help Line operates from 8 am to 8 pm. Outside of these hours, general support is provided or arrange to have a tobacco counselor call.

The Lung	g Association BreathWorks <sup>™</sup> Program
Tel:	1 - 866 - 717 - COPD (2673)
Web:	www.lung.ca/breathworks

BreathWorks<sup>™</sup> is a COPD management program designed to help patients and their families cope with the emotional hurdles and physical challenges of living with COPD. The program consists of a free telephone helpline service as well as free information in the form of fact sheets (medication, oxygen, and exercise) and a planbook. This easy-to-understand 41-page guide is filled with information to help patients prevent the progression of the disease, relieve their symptoms, and manage their COPD. COPD Educators provide information and support to helpline callers. Available Monday to Friday, 9:00am - 4:30pm, messages can be left for call-back - 24 hours/ day, 7 days/week.

### **Provincial Websites**

<u>Alberta Breathes -</u> Provincial Respiratory Strategy Web: www.albertabreathes.ca

<u>Alberta Quits</u> Provincial Tobacco Resources Web: www.albertaquits.ca

## **Provincial Organizations**

Alberta Alcohol and Drug Abuse Commission (AADAC) Head Office: 2nd Flr, 10909 Jasper Avenue Edmonton, AB T5J 3M9 Tel: (780) 422 - 1350 Website: www.aadac.com

A provincial government agency that provides a variety of services for smoking cessation and prevention, including a toll-free helpline and Tobacco Reduction Counsellors at 28 sites across the province.

Alberta Asthma Centre (AAC) 11402 University Avenue, Aberhart 1, 3rd floor Edmonton, AB T6G 2B7 Tel: (780) 407 - 3175 Fax: (780) 407 - 3608 Website: www.asthmacentre.org

Services available:

**Preschool:** Asthma/Allergy Education Program: Target: day care providers and other care providers

Resource manual, presentation, & notes.

School Age: Roaring Adventures of Puff (RAP): Target: Children 7 - 12 years

Instructor's workshop, manual, learning activities, assessment & evaluation tools, revised fun book, asthma action plan diary. Watch for program online.

Schools: Creating Asthma Friendly Schools: Target: School Staff

Materials: blue print on supportive measures for schools. Resource materials to help achieve seven goals, planning tools for health care professionals - available online soon.

*Educators:* UCC ProCAM Online: Target: Health Professionals

University-accredited, certified asthma educator courses (recently revised).

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<u>COPD & Asthma Network of Alberta (CANA)</u> c/o 11402 University Avenue, 3rd Flr, Aberhart 1, Rm 8334 Edmonton, AB T6G-2J3 Tel: (403) 254 - 0013 Toll Free: 1 - (877) - 203 – CANA (2262) Website: www.canahome.org Email: membership@canahome.org

Established in 2003, CANA's mission is to develop and implement a provincial strategy for excellence in the prevention, promotion and management of COPD & Asthma. The Network's activities unite multiple practitioner disciplines and related partners across the province.

<u>The Lung Association of Alberta & NWT (TLA)</u> P.O. Box 4500, Station South Edmonton, AB T6E 6K2 Tel: (780) 488 - 6819 Toll Free: 1 - 888 - 566 - LUNG (5864) Fax: (780) 488 - 7195 Website: www.ab.lung.ca Email: info@ab.lung.ca

Raises funds in support of advocacy, community health education programs, professional education, and lung health research in Alberta and NWT. Research and professional education funds are distributed to Respiratory Health Care Professionals (RHCP) and Medical & Scientific Section (M&SS).

## **National Organizations**

Asthma Society of Canada 4950 Yonge Street, Suite 2306 Toronto, ON M2N 6K1 Tel: 1 - 866 - 787 - 4050 Toll Free Fax: (416) 787 - 5807 Websites: www.asthma.ca, www.asthmakids.ca, www.asthmameds.ca , www.airsquare.ca, and www.4seasonsofasthma.ca Email: info@asthma.ca

Supports Canadians to achieve symptom-free asthma through the delivery of accredited asthma self-management education & counseling. They also engage in dialogue on issues impacting Canadians with asthma. It is staffed with Certified Asthma Educators (CAE).

Allergy / Asthma Information Association (AAIA) Alberta Chapter 16531 - 114 Street Edmonton, AB T5X 3V6 Tel: (780) 456 - 6651 Toll Free: 1 - 866 - 456 - 6651 Website: www.aaia.ca Email: aaia@telusplanet.net / prairies@aaia.ca

AAIA exists to help the public find the most effective ways to tackle allergy and asthma problems. They offer accurate, up-to-date information, advocacy programs that advance the rights of allergy and asthma sufferers in Canada and materials such as an EpiPen trainer, anaphylaxis reference kit and asthma reference kit for schools. Umbrella for the Calgary Allergy Network (www.calgaryallergy.ca), which is now mainly a web site offering practical information and resources to the international community. Canadian Network for Respiratory Care (CNRC) 16851 Mount Wolfe Rd. Caledon, ON L7E 3P6 Tel: (905) 880 - 1092 Fax: (905) 880 - 9733 Website: www.cnac.net Email: cconnors@cnac.net

Dedicated to developing, promoting, and advocating the highest standards of quality respiratory healthcare and innovative education. CNRC is a non-profit registered charity. CNRC does not offer medical advice or refer the public to services. It oversees Certification for Asthma Educators and Respiratory Educators (i.e. both asthma and COPD) in Canada.

Canadian COPD Alliance (CCA) c/o 1750 Courtwood Crescent Ottawa, ON K2C 2B5 Tel: (613) 569 - 6411 Fax: (613) 569 - 8860 Website: www.lung.ca/cca Email: info@lung.ca

CCA is a national forum designed to facilitate discussion, exchange of information, cooperation and collaboration among groups working in the area of COPD. Canadian Respiratory Health Professionals (CRHP) c/o 1750 Courtwood Crescent Ottawa, ON K2C 2B5 Tel: (613) 569 - 6411 Fax: (613) 569 - 8860 Website: www.lung.ca/crhp Email: info@lung.ca

Resulting from the merger of the Canadian Physiotherapy Cardio-Respiratory Society, the Canadian Nurses' Respiratory Society (CNRS) and the Respiratory Therapists' Society (RTS), CRHP provides the opportunity to work as a multidisciplinary respiratory group at the national level.

Canadian Thoracic Society (CTS) c/o 1750 Courtwood Crescent Ottawa, ON K2C 2B5 Tel: (613) 569 - 6411 Fax: (613) 569 - 8860 Website: www.lung.ca/cts Email: info@lung.ca

The Canadian Thoracic Society provides a forum whereby medical practitioners and investigators may join in the study of thoracic diseases and other medical fields that may come within the scope of The Lung Association.

Family Physician Airways Group of Canada (FPAGC)132 Warwick RoadEdmonton, AB T5X 4P8Tel: 1- 866 - 406 - 4345 Toll FreeWebsite: www.fpagc.comEmail: admin@fpagc.com

FPAGC is dedicated to helping all family physicians maintain and increase their skill in assisting those with asthma and COPD. The strategy of the Group is to maintain a speaker bank, a data bank, and practical tools to help physicians attain these skills.

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The Lung Association, National Office (TLA)1750 Courtwood Crescent, Suite 300Ottawa, ON K2C 2B5Tel:(613) 569 – 6411Fax:(613) 569 – 8860Website:www.lung.caEmail:info@lung.ca

Description: The Lung Association's national office funds world-class medical research in Canada to find treatments and ultimately a cure for lung diseases. Through the Canadian Thoracic Society (CTS) and Canadian Respiratory Health Professionals (CRHP), they help doctors and allied health professionals set the highest standards in patient care, and continue to expand their knowledge about lung diseases and treatments. On the international stage, they continue the fight against infectious lung diseases.

The National Lung Health Framework (NLHF) c/o 1750 Courtwood Crescent, Suite 300 Ottawa, ON K2C 2B5 Tel: (613) 569 – 6411 Fax: (613) 569 – 8860 Website: www.lunghealthframework.ca Email: framework@lung.ca

Description: The National Lung Health Framework is a strategic action plan for Canada, developed by and for stakeholders. It is an ongoing process that has involved over 500 people living in Canada through collaborative and equitable patient care, policy, programming, research and leadership.

## **Related National Organizations**

## Anaphylaxis Canada - www.anaphylaxis.org.

A non-profit organization created by people with anaphylaxis, the mission is to inform, support, educate, and advocate for the needs of individuals and families living with anaphylaxis and to conduct and support research related to anaphylaxis.

## Canadian Council for Tobacco Control - www.cctc.ca

The CCTC is committed to ensuring the timely and practical transfer of critical knowledge and skill development for effective local, provincial, and national action on tobacco issues. CCTC acts as a key facilitating agent to coordinate and support advocates in tobacco control.

## MedicAlert - www.medicalert.ca.

Providing medical information services linked to customized bracelets and necklets, MedicAlert is committed to community outreach, education and awareness, and protecting families in financial need, with membership support through the Member Assistance program.

## Universal Medical ID - www.universalmedicalid.com

An alternative non-membership supplier of medical ID available in a variety of metals.

#### **International Organizations**

#### Global Initiative for Asthma (GINA)

GINA (www.ginasthma.org) was launched in 1993 in collaboration with the National Heart, Lung, and Blood Institute, National Institutes of Health, USA, and the World Health Organization. GINA works with health care professionals and public health officials around the world to reduce asthma prevalence, morbidity, and mortality - through resources such as evidencebased guidelines for asthma management, and awareness events like World Asthma Day.

<u>Global Initiative for Chronic Obstructive Pulmonary Disease (GOLD)</u> GOLD (www.goldcopd.org) works with health care professionals and public health officials around the world to raise awareness of (COPD) and to improve prevention and treatment of this lung disease - through the development of evidence-based guidelines for COPD management, and awareness events such as World COPD Day.

#### **Asthma Educator Training**

AsthmaTrec: c/o Saskatchewan Lung Association 1231 8th St, E Saskatoon, SK S7H-0S5 Tel: (306) 343 - 9511 Fax: (306) 343 - 7007 Email: info@resptrec.org Website: www.resptrec.org

Michener Institute: 222 St. Patrick Street Toronto, ON M5T-1V4 Tel: 1 - 800 - 387 - 9066 Fax: (416) 596 - 3114 Website: www.michener.ca <u>Thompson Rivers University (ProCam):</u> Tel: (250) 371 - 5667 Fax: (250) 371 - 5771 E-mail: cehs@cariboo.bc.ca Website: www.cariboo.bc.ca/schs/dist\_ed/asthma/index.html

## **COPD Educator Training**

<u>COPDTrec:</u> c/o Saskatchewan Lung Association 1231 8th St, E Saskatoon, SK S7H-0S5 Tel: (306) 343 - 9511 Fax: (306) 343 - 7007 Email: info@resptrec.org Website: www.resptrec.org

Michener Institute: 222 St. Patrick Street Toronto, ON M5T-1V4 Tel: 1 - 800 - 387 - 9066 Fax: (416) 596 - 3114 Website: www.michener.ca

<u>Thompson Rivers University (ProCam):</u> Tel: (250) 371 - 5667 Fax: (250) 371 - 5771 E-mail: cehs@cariboo.bc.ca Website: www.cariboo.bc.ca/schs/DIST\_ED/COPD

## **Spirometry Training**

SpiroTrec: c/o Saskatchewan Lung Association 1231 8th St, E Saskatoon, SK S7H-0S5 Tel: (306) 343 - 9511 Fax: (306) 343 - 7007 Email: info@resptrec.org Website: www.resptrec.org

#### Provincial Clinical Immunologists & Allergists Listing

Calgary Listing

Dr. Tom Bowen 705 South Tower, Foothills Hospital 3031 Hospital Dr, NW Calgary, AB T2N-2T8 Tel: (403) 283 - 8291 Fax: (403) 283 - 8255

Dr. Stephen Cheuk 143 - 2515 90th Ave, SW Calgary, AB T2V-0L8 Tel: (403) 251 - 6066 Fax: (403) 251 - 6065

Dr. David Cross 325 - 401 9th Ave, SW Calgary, AB T2P-3C5 Tel: (403) 221 - 4470 Fax: (403) 221 - 4406 Dr. Joel Doctor 325 - 401 9th Ave, SW Calgary, AB T2P-3C5 Tel: (403) 221 - 4479 Fax: (403) 221 - 4403

Dr. Fotini Kavadas 2888 Shaganappi Trail, NW – C4-437 Calgary, AB T3B-6A8 Tel: (403) 955 - 3035

Dr. Richard Kennedy 310 – 1011 Glenmore Trail, SW Calgary, AB T2V-4R6 Tel: (403) 213 - 3990 Fax: (403) 213 - 3994

Dr. Bazir Serushago 327 – 4935 40 Ave, NW Calgary, AB T3A-2N1 Tel: (403) 265 - 4163 Fax: (403) 265 - 4173

Edmonton Listing

Dr. Stuart Carr 903 College Plaza 8215 - 112 St, NW Edmonton, AB T6G-2C8 Tel: (780) 413 - 6689 Fax: (780) 413 - 7254

Dr. Per Lidman 903 College Plaza 8215 - 112 St, NW Edmonton, AB T6G-2C8 Tel: (780) 413 - 6689 Fax: (780) 413 - 7254

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Dr. Michael Lin 280 – 10405 Jasper Ave, NW Edmonton, AB T5J-1G5 Tel: (780) 944 – 9588 Fax: (780) 944 – 9586

Dr. Vincent Osundwa 101 - 10909 Jasper Ave, NW Edmonton, AB T5J-3L9 Tel: (780) 425 - 3400 Fax: (780) 421 - 0065

Dr. Anthony Russell 562 University Campus NW - HMRC Edmonton, AB T6G-2S2 Tel: (780) 407 - 6296 Fax: (780) 407 - 6055

Dr. Tim Vander Leek 903 College Plaza 8215 - 112 St, NW Edmonton, AB T6G-2C8 Tel: (780) 413 - 6689 Fax: (780) 413 - 7254

Dr. Harissios Vliagoftis 550A HMRC, University of Alberta Edmonton, AB T6G-2S2 Tel: (780) 407 - 7225 Fax: (780) 492 - 5329

# Pulmonary Function Laboratory - Facility Listing As of May 14, 2010

View current listings at

http://www.cpsa.ab.ca/FacilityListing/Accredited%20Facility%20Listing\_Pulmonary.pdf

RHA	Facility Name	Current Facility Level	Blood Gases
01	Independent Chinook Lung Function Clinic 542 7 ST S UNIT 204 Lethbridge Alberta T1J2H1 (403) 327-7675	Level III	No
	Kainai Medical Services Pulmonary Function Lab Community Health Services Bdg Stand Off Alberta T0L 1Y0	Level III	No
	Public         Chinook Regional Hospital         960 19 ST S         Lethbridge Alberta T1J1W5         (403) 488-6654	Chemistry PULM Blood Gases, Level III	Yes
02	Public         Medicine Hat Regional Hospital         666 5 ST SW         Medicine Hat Alberta T1A4H6         (403) 529-8855	Chemistry PULM Blood Gases, Level III	Yes
03	Independent Arid Mountain Allergy & Asthma Centre 2515 90 AVE SW SUITE 143 Calgary Alberta T2V0L8 (403) 251-6066	Level III	No
	Associate Clinic Allergy and Asthma Centre 401 9 AVE SW UNIT 325 Calgary Alberta T2P3C5	Level II	No
	Lung Diagnostic Centres Inc. 51 SUNPARK DR SE UNIT 103 Calgary Alberta T2X3V4 (403) 873-7605	Level III	No

RHA	Facility Name	Current Facility Level	Blood Gases
	Lung Diagnostic Centres Inc. 1011 - 53 Ave NE Calgary Alberta T2E 6X9	Level IV	No
	Mission Lung Function Ltd 1011 Glenmore Trail SW Ste 310 Calgary Alberta T2V 4R6 (403) 213-3988	Chemistry PULM Blood Gases, Level III	Yes
	Northwest Calgary Respiratory Centre 1620 29 ST NW SUITE 150 Calgary Alberta T2N4L7 (403) 284-1333	Level II	No
	RANA Respiratory Care Group Suite 100, 10333 Southport Road SW Calgary Alberta T2W 3X6	Level III	No
	RANA Respiratory Care Group 4616 VALIANT DR NW SUITE 109 Calgary Alberta T3A0X9 (403) 250-5674	Chemistry PULM Blood Gases, Level III	Yes
	Railside Lung Function 1306 BOW VALLEY TRAIL UNIT 4A Canmore Alberta T1W1N6 (403) 678-9600	Level III	No
	PublicAlberta Children's Hospital2888 SHAGANAPPI TRAIL NWCalgary Alberta T3B6A8(403) 943-7324	Level IV	No

RHA	Facility Name	Current Facility Level	Blood Gases
	Foothills Medical Centre 1403 29TH ST NW Calgary Alberta T2M 2T9 (403) 944-1568	Level IV	No
	Peter Lougheed Centre 3500 26 AVE NE Calgary Alberta T1Y6J4 (403) 943-4387	Level IV	No
	Rockyview General Hospital 7007 14TH ST SW Calgary Alberta T2P 1P9 (403) 943-3183	Level III	No
04	Independent Central Alberta Lung Lab 5560 45 ST UNIT 12E Red Deer Alberta T4N1L1	Level III	No
	The Bailey Clinic 3947 50A AVE UNIT 108 Red Deer Alberta T4N6V7 (403) 343-8972	Level III	No
	Wetaskiwin Lung Laboratory 5217A 50TH ST Wetaskiwin Alberta T9A 3B8 (780) 352-7085	Level III	No
	PublicRed Deer Regional Hospital3942 50A AVERed Deer Alberta T4N4E7(403) 343-4434	Level IV	Yes
	Wetaskiwin Hospital & Care Centre 6910 47 ST Wetaskiwin Alberta T9A3N3 (780) 361-4146	Level III	Yes
05	PublicSt. Mary's Hospital4607 53 STCamrose Alberta T4V1Y5(780) 679-3065	Level III	Yes

RHA	Facility Name	Current Facility Level	Blood Gases
06	Independent Allin Clinic 10155 120 ST NW Edmonton Alberta T5K2A2 (780) 482-7551	Level II	No
	Baker Clinic Pulmonary Function Laboratory 10405 JASPER AVE NW UNIT 220 Edmonton Alberta T5J1G5 (780) 421-1970	Level II	No
	Garneau Lung Laboratory Inc. COLLEGE PLAZA 8215 112TH ST UNIT 404 Edmonton Alberta T6G 2C8 (780) 433-5891	Chemistry PULM Blood Gases, Level III	Yes
	HYS MEDICAL CENTRE UNIT 206 11010 101ST ST Edmonton Alberta T5H 4B9 (780) 424-2273	Level III	No
	Hys Centre Lung Function Lab Northern Lung Function Ltd. EDMONTON GENERAL HOSPITAL MAIN FLOOR 11111 JASPER AVE Edmonton Alberta T5K 0L4 (780) 421-8495	Level III	No
	Northern Lung Function Ltd Town Centre 6203 28 AVE NW UNIT 312 Edmonton Alberta T6L6K3 (780) 461-9923	Level III	No
	Pediatric Allergy and Immunology 8215 112TH ST UNIT 903 Edmonton Alberta T6G 2L8 (780) 413-6689	Level III	No
	The Lung Health Clinic Inc. 8737 156 ST NW Edmonton Alberta T5R1Y5	Level II	No

RHA	Facility Name	Current Facility Level	Blood Gases
	Northern Lung Function (Sherwood Park) 80 SIOUX RD Sherwood Park Alberta T8A3X5	Level III	No
	1494910 Alberta Inc. 102A -505 Queen Street Spruce Grove Alberta T7X 2V2	Level III	No
	Parkland Respiratory Care 106 -183 HWY 16A Spruce Grove Alberta T7X 4P9	Level III	No
	Northern Lung Function (St. Albert) 200 BOUDREAU RD 201 SUMMIT CENTRE St. Albert Alberta T8N6B9	Level III	No
	Edmonton General Hospital - Centre for Lung Health 11111 JASPER AVE NW EDMONTON GENERAL HOSPITAL Edmonton Alberta T5K0L4 (780) 482-8951	Level III	No
	Grey Nuns Community Hospital & Health Centre 1100 YOUVILLE DRIVE W Edmonton Alberta T6L 5X8 (780) 450-7178	Level IV	No
	Misericordia Community Hospital & Health Centre 16940 87 AVE NW Edmonton Alberta T5R4H5 (780) 930-5768	Level III	Yes
	Royal Alexandra Hospital 10240 KINGSWAY AVENUE NW Edmonton Alberta T5H3V9 (780) 735-4938	Level III	Yes
	Stollery Children's Asthma Clinic STOLLERY CHILDREN'S HOSPITAL 1D1 WMC 8440 112TH ST Edmonton Alberta T6G 2R7 (780) 407-3943	Level III	No

RHA	Facility Name	Current Facility Level	Blood Gases
	University of Alberta Hospital & Stollery Children's Hospital 8440 112 ST NW 2E4.23 WALTER MCKENZIE CENTRE Edmonton Alberta T6G2B7 (780) 407-3943	Chemistry PULM Blood Gases, Level IV	Yes
	PublicQueen Elizabeth II Hospital10409 98 STGrande Prairie Alberta T8V2E8(780) 832-4901	Level III	No
09	PublicNorthern Lights Regional Health Centre7 HOSPITAL STTHERAPY DEPARTMENTRESPIRATORYFort McMurray Alberta T9H1P2(780) 791-6135	Level III	No
ACB	PublicAlberta Health Services - Cancer CareCross Cancer Institute11560 UNIVERSITY AVE NWEdmonton Alberta T6G1Z2(780) 432-8771	Chemistry PULM Blood Gases, Level III	Yes

Total Number of Facilities: 44

#### **Equipment and Pharmaceutical Suppliers**

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Calgary, AB T2A 6A3 Tel: (800) 661 – 1221 (for access to any of the four Alberta locations) Web: www.airgas.com

## ASTRAZENECA CANADA, INC.

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#### BAYER HEALTHCARE

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#### BOEHRINGER-INGELHEIM LTD.

5180 South Service Road Burlington, ON L7L 5H4 Tel: (800) 263 - 2425 Web: www.boehringer-ingelheim.ca

CAREstream MEDICAL Units 14/15, 211 Schoolhouse Street Coquitlam, BC V3K 4X9 Tel: (888) 310 – 2186 Email: info@carestream.com Web: www.carestream.com

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#### CARSEN GROUP

151 Telson Road Markham, ON L3R 1E7 Tel: (905) 479 - 4100 Email: info@carsengroup.com Web: www.olympuscanada.com

#### **GLAXOSMITHKLINE**

7333 Mississauga Road North Mississauga, ON L5N 6L4 Tel: (800) 387 - 7374 Web: www.gsk.com

## GRACEWAY PHARMACEUTICALS

252 Pall Mall Street, Suite 302 London, ON N6A 5P6 Tel: (866) 272 - 1661 Web: www.gracewaypharma.ca

#### MEDIGAS (PRAXAIR)

4 – 55 Frid Street Hamilton, ON L8P 4M3 Tel: (866) 446 – 6302 (for access to any of the six Alberta locations) Web: www.medigas.com

#### MERCK FROSST CANADA, INC.

16711 Trans Canada Highway Kirkland, QUE H9H 3L1 Tel: (800) 567 - 2594 Web: www.merckfrosst.ca

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Guelph, ON N1K 1A5
Tel: (800) 265 – 7263
Web: www.mcneilcanada.com
www.nicoderm.ca
www.nicorette.ca

#### NOVARTIS PHARMACEUTICALS

385 Bouchard Blvd. Dorval, QUE H9S 1A9 Tel: (514) 631 - 6775 Web: www.novartis.ca

#### NYCOMED CANADA INC.

435 North Service Road West, 1st Flr Oakville, ON L6M 4X8 Tel: (888) 367 – 3331 Email: can.medinfo@nycomed.com Web: www.nycomed.ca

#### PARI RESPIRATORY EQUIPMENT

c/o KEGO Healthcare 7 – 610 Newbold Street London, ON N6E 2T6 Tel: (866) 862 - 7328 Email: info@kegohealthcare.com Web: www.kegohealthcare.com / www.pari.com

### PARKLAND RESPIRATORY CARE

3152 Parsons Rd (99 St)Edmonton, AB T6N 1L6Tel: (800) 272 – 8861 (for access to any of the four Alberta locations)

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#### PFIZER CANADA

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#### QUADROMED

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#### QUORUM ALLERGY PRODUCTS

PO Box 5782 Victoria BC V8R 6S8 Tel: (866) 551 - 0142 E-mail: qallergy@quorumallergy.com Web: www.quorumallergy.com

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