SOFT MIST INHALER

RESPIMAT - DAILY USE

T TURN — CLICK!
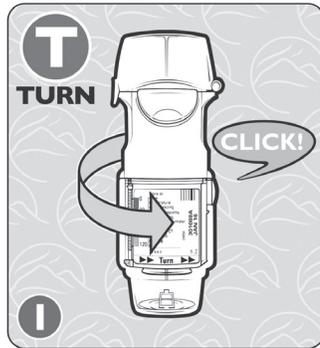
1 KEEP CAP CLOSED TURN BASE

O OPEN
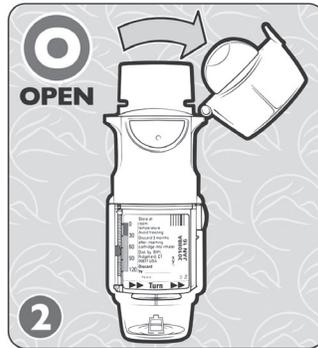
2 FLIP OPEN CAP

3 BREATHE OUT

10 SECOND BREATH HOLD — **P PRESS**

4 START SLOW BREATH, PRESS BUTTON, KEEP BREATHING IN

5 CLOSE CAP

If another puff is prescribed, Repeat #1-5

6 REMINDER

IMPORTANT INFORMATION

Note:	Place mouthpiece between your teeth and close your lips.
Empty?:	The base has a dose tracker – "0" means it is empty. Base will lock. Throw it away.
Expired?:	Check the expiry date on the device.
Reminders:	If Respimat isn't used for 1 week, **PRIME 1 TIME** (See Reverse Side).
	If Respimat isn't used for 3 weeks, **PRIME 3 TIMES** (See Reverse Side).
	Do not get mist in eyes.
	Cleaning: Wipe mouthpiece with a dry tissue or cloth.

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please consult your doctor or appropriate healthcare professional.

Illustrations developed by the Community Pediatric Asthma Service, www.ucalgary.ca/icancontrolasthma
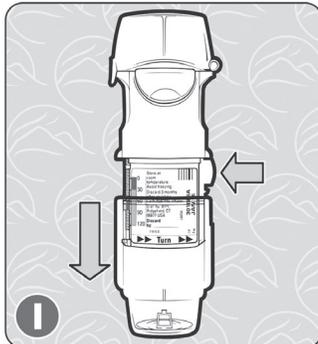
For more information on inhaled medications and device demos, visit our website at:
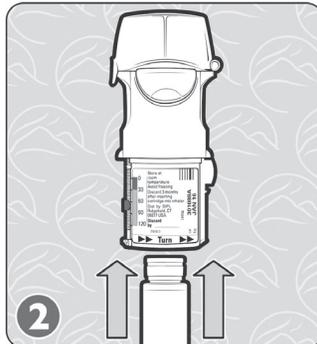**www.ucalgary.ca/asthma**

Alberta Health Services

Supporting current Respiratory Guidelines

Calgary COPD & Asthma Program

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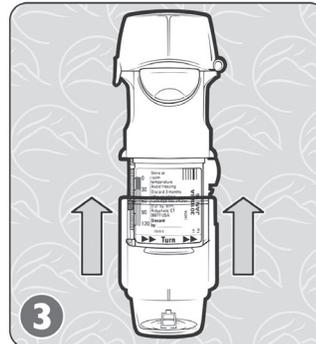# SOFT MIST INHALER

RESPIMAT - LOADING AND PRIMING

LOADING: REQUIRED ONCE, PRIOR TO FIRST USE
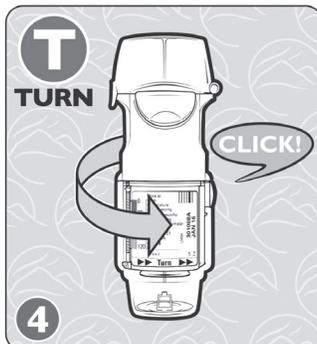
1 PRESS SAFETY CATCH AND PULL OFF CLEAR BASE.

2 INSERT NARROW END OF CARTRIDGE UNTIL IT CLICKS. FIRMLY PRESS AGAINST A HARD SURFACE TO ENSURE IT IS SECURELY IN PLACE.

3 REPLACE CLEAR BASE.

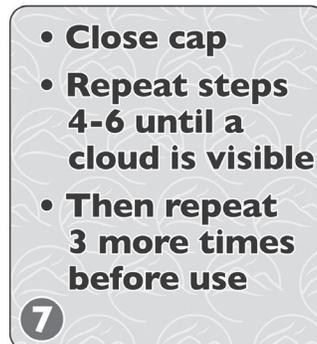## PRIMING CARTRIDGE: REQUIRED ON FIRST USE, FOLLOW T.O.P.

T TURN

CLICK!

4 TURN BASE UNTIL YOU HEAR "CLICK"

O OPEN

5 FLIP OPEN CAP

P PRESS

6 POINT DOWNWARD AND PRESS BUTTON

- **Close cap**
- **Repeat steps 4-6 until a cloud is visible**
- **Then repeat 3 more times before use**

7 REMINDER

Note:

If Respimat isn't used for 1 week, **PRIME 1 TIME** (Steps 4-6).

If Respimat isn't used for 3 weeks, **PRIME 3 TIMES** (Steps 4-7).

Always keep cap closed when turning to avoid accidental activation of device.

Do not get mist in your eyes.

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